



love SHOULDN'T HURT

ANNUAL TEEN SUMMIT

Students, Caregivers, and School Faculty,

Fearless! Hudson Valley, Inc. is thrilled to invite you and your 9-12th grade students to our **11th Annual "Love Shouldn't Hurt" Youth Summit** on **Thursday, March 19, 2026 at SUNY Orange Middletown Campus**. We are excited about returning to SUNY Orange Middletown campus again this year as well as some updated programming.

Love Shouldn't Hurt is a transformative experience designed for youth and adult ally participants to gain knowledge and skills necessary to identify and address teen dating violence in our communities. **What we know is that:**

- **1 in 3 adolescents** in the U.S. will experience abuse from a dating partner before they turn 18.
- Girls and young women between the ages of 16 and 24 experience the highest rate of intimate partner violence— almost **triple** the national average,
- **80%** of guidance counselors say they feel unprepared to address incidents of abuse at their school.

During *Love Shouldn't Hurt*, students and chaperones will have the opportunity to participate in various workshops designed to educate around teen dating violence and other forms of gender-based violence. Additionally, participants will be provided practical tools and resources they can bring back to their school and community to support creating environments free from abuse, violence and oppression.

The registration deadline is **Friday, February 27, 2026**. Registration is on a first-come, first-serve basis. Each school will have the opportunity to bring up to 20 students and 2 adult chaperones, with potential for more depending on space availability. Lunch will be provided free of charge. **Students must arrive between 8:15-8:45AM and will be dismissed at 1:15PM.**

Understandably, youth are not permitted to use their cell phones during school hours **however** we are asking for an exception. Many of our programs are interactive and require the use of technology whether a Chromebook or cell phone, individuals will need them to fully participate in the summit.

We're excited to partner for this opportunity to empower youth leaders to create change in their schools and communities. If you have any questions, I can be reached at **845-562-5365 x131** or njallow@fearlesshv.org

Sincerely,

Nafie Jallow

Nafie Jallow, Prevention Education & Training Program Manager

"Our schools need to be safe havens for all students, and it is critical that we provide school leaders with tools and resources to help them become stronger partners in reducing teen dating violence and other forms of gender-based violence. Like bullying, teen dating violence has far-reaching consequences for the health and life outcomes of victims. We need to do everything we can to make sure all students are safe." -U.S. Secretary of Education, Arne Duncan



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Teacher/Chaperone Registration Form

Parents and teachers are invited and encouraged to participate, but not required.

Name: _____ Position/Role: _____

District (teachers only): _____ Email: _____

Work (teachers only) #: _____ Cell (emergency use only) #: _____

Have you attended a Fearless workshop before? Yes No

Do you have any food allergies we need to be aware of? Yes No

If Yes, please explain: _____

Below are the workshops that we are offering the chaperones this year. Please see the descriptions below to see the exciting things our Education Team has to share with you!

Session One: Understanding Digital Safety

In this session, participants will take a deeper dive into the digital world and how unsafe situations can be prevented by increasing knowledge on online dangers and threats. The following topics will be explored: cyberbullying, inappropriate content, sexting, oversharing, online enticement, and sextortion. This program is meant for parents and adults who support youth. learning how to support safe internet usage.

Session Two: Recognizing Signs of Human Trafficking

In this session hour, we will shift our focus to recognizing and understanding signs of human trafficking among youth. Traffickers prey on young people as young as 12 years old. We will learn about the risk factors, challenge the myths and misconceptions of sex trafficking and talk about the connection of trafficking with teen dating violence.

TEACHER & CHAPERONE PHOTO CONSENT (Optional)

I, _____, give permission for photos of myself to be used by Fearless! Hudson Valley, Inc. for purposes which may involve publicity and public relations. I understand this photo may be used in newsletters, social media, as well as other publications.

Signature: _____ Date: _____



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Student Registration (Part 1 of 2)

Name: _____

School: _____

Age: _____ Grade: _____

Activity: Love Shouldn't Hurt Youth Summit

Activity Dates: 8:15/8:30am - 1:15pm on March 19th, 2026

Location: SUNY Orange - Middletown Campus - Harriman Hall

Have you attended a Fearless! workshop before? Yes No

Do you have any food allergies we need to be aware of? Yes No

If Yes, please explain: _____

ATTENDANCE CONFIRMATION

My child, _____, has permission to attend the *11th Annual "Love Shouldn't Hurt" Youth Summit* on Thursday, March 19, 2026 @ SUNY Orange Middletown - Harriman Hall.

Parent/Guardian Signature

Parent/Guardian (Print)

Date

EMERGENCY CONTACT

Name

Phone #

PHOTO CONSENT (optional)

I, _____, give permission for myself and/or my child's to be used for Fearless! Hudson Valley, Inc. purposes which may involve publicity and public relations. I understand this photo may be used in newsletters, social media, as well as other publications.

Parent/Guardian Signature

Date



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Student Registration (Part 2 of 2)

Name : _____ School: _____

Please rate the top 3 workshops that are of interest to you, with 1 representing the workshop you are most interested in and 3 representing your last option. ** Workshop assignments are on a first come, first serve basis. There will be absolutely no day-of workshop swapping. Please be mindful of this when selecting workshops.**

- _____ **Breaking Down Gender:** We will discuss traditional gender roles and expectations, and their connection to dating, safety, and bullying. Because our allyship must be active, we will talk about how we can all play a role in creating a culture of equality for all. Explore how we can create change in a society rooted in oppression.
- _____ **Human Trafficking:** Traffickers prey on youth as young as *12 years old*. We will learn about consent, force, fraud & coercion, challenge the myths and misconceptions of sex trafficking and dive deep into what makes someone vulnerable and explore the link between trafficking and dating violence.
- _____ **Relationships in the Digital World:** Most people use technology to communicate, but where is the line between healthy and unhealthy behaviors regarding technology? We'll discuss how to stay safe online, establish boundaries with social media, and when we should reach out for help.
- _____ **Bullying & Bystander Empowerment:** Bullying is an issue, but how do we stop it? Our bullying workshops offer students a safe space to discuss bullying, especially cyberbullying and how to address it. What gives bullies power and what takes away their power? We will offer solutions for students who are experiencing and/or witnessing bullying.
- _____ **Victim Blaming and Rape Culture:** Analyze how victim-blaming attitudes marginalize the victim/survivor and make it harder to come forward and report the abuse. Recognizing that Rape Culture in our society is prevalent and that sexual violence is normalized and excused in the media and popular culture; allowing society to create space for dating violence and trafficking to occur.
- _____ **Oppression: Power, Privilege & Social Justice:** Explore the different ways that oppression, power and privilege manifest and provide opportunities for participants to examine their own experiences, lives and values. We will facilitate dialogue and build skill around how to stand up for social justice and create respectful environments.